to now, by departing from her head, Christ on earth, and adhering to Antichrist, member of the demon ; she has persecuted th< truth and exalted the lie. Thanks, thanks be to our Saviour who has illumined her heart, whether by force or by love, am has shown His wonderful works in her." [1]

On May 22, Clement embarked for Provence, leaving hi Cardinal Jacopo d'ltri, the former Patriarch of Constantinople, a his legate in Italy. After much trouble on the way, he finally on June 20, reached the papal palace of Avignon.

At Whitsuntide, Urban took up his residence in the Vatican " Most holy Father," wrote Catherine, " may the Holy Spiri overshadow your soul and heart and affection with the fire o divine charity, and infuse a supernatural light into your under standing, in such wise that in your light we little sheep may se light, and that no deception that the devil might wish to practis upon you with his malice may be hidden from your Holiness, desire, most holy Father, to see fulfilled in you all the other thing that the sweet will of God demands of you, of which I kno^ that you have very great desire. I hope that this sweet fire of th Holy Spirit will work in your heart and soul, as it did in thos holy disciples, when it gave them strength and power agains the visible demons and against the invisible. In its virtue the; beat down the tyrants of the world, and by endurance they spreai the faith. It gave them light and wisdom to know the trut! and the doctrine that Truth itself had left, whereby the affection which follows the understanding, robed them with the fire of Hi charity, so that they lost all servile fear and human pleasure, an. only attended to the honour of God, and to draw souls fror the hands of the demons ; and they were fain to offer to ever creature the truth with which they found themselves illuminec But it was only after much vigil, humble and continual prayei and the great mental labour in which they spent those ten days that they were filled with this strength of the Holy Spirit ; th

[1] Letter 353 (337)- In Letter 362 (318), Catherine states that Giovann herself wrote to her, confessing that Urban was true Pope and declaring *ht* intention of being obedient to him.